

Are you at risk? Each year an estimated 25–50 million cases of the flu are recorded in the U.S. Of these reported cases an estimated 150,000 will be hospitalized and 30,000–40,000 will die from the flu and flu-related illness¹. This flu season the Advisory Committee for Immunization Practices recommends all individuals six months and older be vaccinated for the flu (excluding those individuals with contraindications, see your pharmacist or health care provider for more information)². And there's good news! The 2010-2011 flu vaccine will provide coverage for both the H1N1 virus and the seasonal flu! This means only one flu vaccine available as a shot or nasal spray. Over 970 Maryland Pharmacists are licensed to administer the influenza, pneumococcal and herpes zoster (commonly referred to as shingles) vaccines³. Don't delay; protect yourself, your loved ones and your community! See your local pharmacist today and get immunized!

1. Flu Fact.com *informational statistics*
2. CDC.com *Prevention and Control of Influenza with Vaccines. Recommendation of the Advisory Committee on Immunization Practices (ACIP), 2010*
3. Maryland Board of Pharmacy. June/July 2010 report.